

## **Institute of Medicine of Chicago-Annual Report for 2008**

### **Index**

Introduction and Overview

Administrative Activities

    Governance, Board and Leadership

        2008 Goals

    Membership

        New Fellows

        Billings Society

    Finances

        Budget

        Accounting

        Audit

        Finance Committee

    Honors Awarded

    Meetings

        Annual Meeting

        Operation Push Conference

        Holiday Reception

Programs and Projects

    Strategic Planning

    Eliminating Racial and Ethnic Health Disparities

    Illinois Campaign to Prevent Gun Violence (ICGPV)

    Chicago Patient Safety Forum (CPSF)

    Cook County Health Issues

    Enhancing Medical Professionalism

    Someone to Trust Project

    Educational Initiatives; Professional and Public

IOMC and its Place in the Future

### **Annual Report to the Board and Membership of the IOMC for 2008**

**Introduction:** Two thousand and eight was an active, productive, innovative and, in many ways, a watershed year for IOMC. Substantial effort went into not only continuing our mission-supported projects, but also to strategic planning and starting new programs for even more ambitious and exciting future undertakings. All this required substantial time, effort and resource contributions from the Board and staff. In the 1960's the IOMC was described as "The medical

conscience of Chicago.” The organization strives to continue to fulfill this role as it moves into the future.

## **Administrative Activities**

### **Governance, Board and Leadership**

The IOMC continues to be a Board-driven organization. The members of the Board met monthly to provide direction and leadership as well as oversight of the day to day activities of the staff. The Officers and Board for 2008 were:

Kathleen Gainor Andreoli, D.N.S.C., R.N., M.P.H.; David N. Carvalho, J.D, President .; Manuel Claudio, M.D.; Michael Davenport MD; Mr. Barry Eisenberg, Treasurer; Jorge Girotti, Ph.D.; Arvind Goyal MD; C. Anderson Hedberg, M.D.; James Hill, M.D.; Carol A. Krohm, M.D., M.P.H.; Carolyn C. Lopez, M.D., Immediate Past President; Carrie Nelson, M.D. Vice President; Dennis Richling M.D.; Lee Sacks, M.D.; James L. Schroeder, M.D.; Joanne G. Schwartzberg, M.D.; Robert M. Vanecko, M.D.; James R. Webster, Jr., M.D.; Kevin B. Weiss, M.D., M.P.H.; Arnold L. Widen, M.D; John L. Wilhelm, M.D., M.P.H.

Ninety three percent of the 2008 IOMC goals, as approved by the Board, were met as below:

Increase support and implementation of Disparities Project

Resume Professionalism Initiative

Develop New Revenue Sources by Contracts or new grant

Become a major participant in safety-net solutions

Enhance Membership Activities

Continue programs to integrate new Fellows

Undertake special Billings Society activities

Increase the number of overall Fellows by 10% and Billings Fellows by 15%

Complete new real-time accounting

Complete FY 2008 without a deficit

Implement Succession Planning

Continue Upgrading Communications:

Website

Annual Report

Plan one major meeting; topic tbd

In January, Dr’s Webster and Vanecko announced their intention to step down by the end of the year. This information was accepted by the Board and was considered in light of the Strategic Planning Initiative (see below). In November Dr. Carolyn Lopez agreed to act as interim

Executive Director, until the strategic plan was completed and a permanent executive director could be recruited.

## **Membership**

There are currently 416 dues-paying Regular Fellows. This includes 74 Fellows who are members of the Billings Society. Without this type of commitment, the IOMC could not survive. In particular, it should be noted that the following individuals have been Fellows for more than 25 years: Drs Whitney Addington, David Benditzson, Michael Berkson, Leonard Berlin, Henry Betts, Edward Boone Brackett, III, Thomas Campbell, Luis Cespedes, Manuel Claudio, David Cugell, James Downey, Malachi Flanagan, Lawrence Haspel, C. Anderson Hedberg, Janardan Khandekar, Robert Gasior, Paul Glickman, Stephanie Gregory, Robert Herting, Albert Jackson, Nadim Houry, Sung-Tao Ko, Agnes Lattimer, Robert E. Lee, Jr., William Markey, Rimgaudas Nemickas, Edward Newman, Sheldon Rosenstein, Francis Straus, II, Michael Schafer, Joanne Schwartzberg, George Shambuagh, III, Stephen Sokalski, Harry Staffileno, Jr., Robert Vanecko, Howard Vernof, Michael Verta, Jr., Lawrence Vogel, Martha Warnock, Arnold Widen, Richard Yamada, and William Jones. There are also 183 Emeritus Fellows.

The following 39 distinguished new IOMC Fellows were inducted in 2008:

Jose Arruda, MD; Paul Brandt-Rauf, MD; John Callan, MD; Scott Cotler, MD; Thomas Dent, MD; Robert Eisenberg, PhD; Glenda Flemister, MD; Thomas Gavagan, MD, MPH; Susan Gerber, MD; Edward Goldberg, MS; Judith Haasis, MSW; Memoona Hasnain, MD, PhD; Bruce Huck, MD; Mark Hutchinson, MD; Stasia Kahn, MD; Karen Lamb, DNSc, RN; Bruce Lambert, PhD; Theodore Mazzone, MD; James McAuley, MD, MPH; Judith McCann, PhD, RN; Darby Morhardt, MSW; Martha Morris, ScD; Craig Niederberg, MD; Michele Raible, MD; John Reed, DO; Lisa Rosenberg, PhD, RN; Guy Weinberg, MD, and Saul Weiner, MD.

The committee on membership, Dr. Carol Krohm, Chair, was tireless in its 2008 activities. A new member orientation was implemented; a pilot "host" program for new members was launched in November; and, the number of members who elected to join the Billings Society exceeded the board's 2008 goals. The IOMC is grateful for the effort of Dr. Krohm and the members of the membership committee.

## **Finances**

The Finance Committee, Barry Eisenberg Chair, completed a number of important tasks during the year. These included: 1) Implementing a real time accounting system that includes quarterly reconciliation between actual income and expense and IOMC budget projections; 2) Completion of the outside 2007 audit with a full approval letter; 3) Recommended new standard fiscal management procedures, which were approved by the Board and are being implemented; 4) Made recommendations to increase revenues by increasing dues and membership fees, making the annual meeting a breakeven budget undertaking, and pursuing revenue sources other than

the grants and contracts currently underway; 5) submitted a budget plan for 2009, which initially showed a deficit, but will require revision with strategies to reach a breakeven point before 2010. The challenges resulting from the national economic downturn also present a major concern for the IOMC endowment, which will be monitored and revised as indicated.

### **Honors**

In 2008 the IOMC was pleased to continue the tradition of recognizing local members in health care for their contributions, dedication to excellence and inspirational leadership:

Lifetime Achievement Award: David W. Cugell, MD

Humanitarian Global Health Award: Mark E. Molitch, MD

Portes Award for Excellence in Prevention: Wayne Burton, MD

Sprague Institute Patient Safety Award: Cynthia Barnard, MBA, MSJS, CPHQ

Henry Russe Citation for Exemplary Compassion in Health Care: Maria Brown, DO

### **Meetings**

The 93<sup>rd</sup> Annual meeting of the IOMC was held on April 30<sup>th</sup>. Martin Tobin, MD, was the speaker, and his thoughtful topic, “Patients, Physicians and PHARMA” was well received. The dinner remarks by Mardge Cohen MD, the 2007 Russe Awardee, spoke about her experiences confronting unique women’s health issues in difficult African environments. At the meeting, 58 physicians signed petitions to their legislators supporting common sense gun laws.

The IOMC co-sponsored the medical conference for Operation Push, held at McCormick Place on July 1<sup>st</sup> and 2<sup>nd</sup>. The topic/theme of the two-day session dovetailed well with IOMC priorities since it was focused on health disparities and African American health issues. Speakers included national and local experts on multiple aspects including; HIV/AIDS, access to care, community issues, funding, cancer, and psycho/social healing.

On December 9<sup>th</sup>, the IOMC Holiday Reception was held at the Chicago Spire Sales Center where the Fall Class of new Fellows was inducted following an orientation session with Carol Krohm and Carolyn Lopez.

### **Programs and Projects**

A major priority for IOMC has been the initiation of a comprehensive **strategic planning** initiative to chart the organizations’ activities and direction for both the short and long term future. Thanks to a grant from the Chicago Community Trust, IOMC engaged the Chicago Executive Service Corps to lead the process. Data gathering included focus groups and individual Delphian interviews with representative Fellows and the distribution of a questionnaire to all of the membership. There were multiple meetings with IOMC staff and officers, and a board retreat

is planned for 2009. This creative and broad undertaking is certain to assure that the IOMC stays both relevant and productive, and will be completed in the spring.

The IOMC has continued to be active in issues relating to the **Cook County Regional Safety Net**. Members of IOMC were leaders, collaborating with other high level groups in discussions of the resuscitation of the Cook County health system. This resulted in the formation of the independent 11 member Cook County Bureau of Health Services of which, **IOMC President, David Carvalho** is member and Chair of the finance committee. The activities to date have been Herculean and have received high marks from the Chicago media, medical and business establishments.

The IOMC continues to have the **elimination of racial and ethnic health disparities** as a major priority. Thanks to grant support from the Portes and Aetna Foundations and the Illinois Department of Public Health, these initiatives have continued to: 1) Work with our community partners\* with community-based interventions at non-traditional sites to reduce the incidence and effects of the metabolic syndrome in minority populations in Chicago and, to 2) Educate providers about health disparities while enhancing their cultural competence. The former goal is being addressed by community outreach workers whose efforts and outcomes have been spectacular. The latter goal is being achieved through formal and informal presentations by Drs. Webster and Lopez who have made numerous presentations to providers in both academic and community medical settings. The evaluations of the entire program have been quite positive and continuing funding sources are being pursued. New aspects of the project include adding Major Depression in Minorities as a clinical focus for the community and providers, implementing patient assessment of cultural competence a measure for practice environments and providers and requiring exposure to cultural competence skills, knowledge and attitudes for maintaining clinical privileges at local medical centers and for licensure in 2011.

\* Lawndale Christian Health Center, Mile Square Health Center with outreach, and for educational activities, Alivio Health Center.

IOMC continues to work with The **Chicago Patient Safety Forum (CPSF) which is now the Coalition for Quality and Patient Safety of Chicagoland (CQPS)**.

This independent program of IOMC has had a spectacularly successful year. As well as continuing to act as a local resource for patient safety activities they convened an annual meeting on March 14<sup>th</sup>, which was the largest of its kind in the country. This included plenary sessions and workshops on specific patient safety issues. The focus of the sessions was on learning and sharing to improve patient safety throughout the entire care spectrum. In addition, the leadership of

CPSF, Carrie Nelson MD, Chair, undertook a strategic plan which will assure their expansion into the related areas of quality and safety. Specific medical projects with measurable outcomes for all regional stakeholders are planned as well as consumer outreach initiatives and organizational restructuring. Specifics are available and documented at: [www.chicagopatientsafety.org/](http://www.chicagopatientsafety.org/)

The IOMC has continued its involvement with **The Illinois Campaign to Prevent Gun Violence ([www.icgpv.org](http://www.icgpv.org))**. This was aided by a mini-grant to IOMC from their parent organization, the Legal Community Against Violence. We will continue initiatives to visit, call and write legislators, work with media for adoption of common sense gun laws and act as a resource about the disastrous medical effects of gun violence on individuals, families, communities and society

**The Chicago Metropolitan Agency for Planning** has undertaken the project, “Go to 2040” and Dr. Robert Vanecko participates on behalf of the IOMC ([www.goto2040.org](http://www.goto2040.org)).

**The Midwest Business Group on Health** project, “Driving Quality with Data” monitors regional quality of care around the country. Both Drs. Jim Webster and Robert Vanecko have participated in this project on behalf of the IOMC.

The IOMC Committee on **Enhancing Medical Professionalism** Les Sandlow, Chair, has developed a plan for reaching out to the full medical establishment in the Chicago region. A funding strategy to support this endeavor has been developed and will be carried out in 2009 with a tentative start of the program set for the fall.

**The Someone to Trust (STT) initiative** became an independent project of the IOMC in December. This undertaking has as its goal, assuring that everyone in the Chicago region has had discussions about end of life decisions and preferences with some individual who can act as a surrogate if need be. In addition, any appropriate paper work can also be initiated, however, the focus is on clear discussions and transparency of wishes and consideration of alternatives. Such an ambitious undertaking has been carried out in smaller localized areas, but for an urban area such as ours, this will be a first.

**The Midwest Medical Leadership Group** breakfast conferences, which had drug industry support, have been replaced by a plan to have IOMC sponsored educational Webinars which will be available to all IOMC Fellows. Test sessions were held in the fall. Andy Hedberg discussed the “Patient Centered Medical Home” and Carolyn Lopez reviewed “Specific Aspects of Pain Management.” Both the presentations and the medium were considered highly successful, so full curriculum is being planned for the spring-fall of this year.

**All IOMC Fellows are invited to participate in any of the above activities. Simply call the IOMC office to become involved.**

**The IOMC and Its Place in the Future**

As IOMC moves forward there are clearly many opportunities and challenges. The strategic planning which is taking place is clearly well timed and will allow the organization to move forward with a focused approach. It will also deal with specific issues such as financial stability, where the organization should reside etc. The relevance of IOMC has never been clearer, and with its collaborative, catalytic and partnering capabilities, as well as its honest broker reputation, the future is limitless.

James Webster

Robert Vanecko

**3/23/09**