

Tara Gill, Ph.D.

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Dr. Tara Gill is a Clinical Psychologist with the Ann & Robert H. Lurie Children's Hospital of Chicago, the Center for Childhood Resilience for the past 9 years. She has approximately 20 years of experience in outpatient, community, hospital and school-based mental health. This includes work at the Mount Sinai Hospital's Department of Child and Adolescent Behavioral Health, and the DePaul Community Mental Health Center. Her work focuses on increasing best practices and capacity building with educators, community leaders and other mental health professionals. Her particular interests in working with children from racialized communities and trauma saturated backgrounds have guided her career to include advocacy, child welfare, policy and community engagement. Dr. Gill is committed to increasing equity and addressing racism in education and healthcare.

At Lurie Children's Hospital, Dr. Gill has contributed to school-based projects with Chicago Public Schools and surrounding communities, developing systems of support for students and in increasing capacity of school staff. Dr. Gill is trained in evidenced-based interventions such as trauma-focused treatment, and an anger management curriculum for elementary & middle school youth. Addressing diversity and African American and Latino mental health has been a focus of her teaching, research, training, and intervention.

In collaboration with the Chicago Department of Public Health and the Health & Medicine Policy and Research Group, Dr. Gill is the current Co-Chair of a task force that is working to elevate Trauma-Informed and Healing Centered frameworks to the city of Chicago. She has also served as the Academic Co-Chair of the Steering Committee for the Alliance for Research in Chicagoland Communities (ARCC) at Northwestern University, as well been a member and leader in numerous Race and Equity Taskforces and learning collaboratives. Dr. Gill has obtained several grants, such as the Linzer Grant sponsored by the Provost Office at Northwestern University to engage in pipeline development in healthcare. Additionally, she was awarded grant funding for work with youth: a) workforce development using the H.E.A.L. curriculum, and b) community engaged research in a collaborative project with a youth civic organization, focused on youth experiences with COVID-19.

Dr. Gill received her B.S. degree from Jackson State University and a Master's degree and Ph.D. in clinical psychology from DePaul University.

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